

<p><b><u>Packing</u></b>  Pack with padded hip belt  (4000 in<sup>3</sup> external frame, 4800 in<sup>3</sup> external +/-)  Pack cover (garbage disposal bag)</p>	<p><b><u>Personal</u></b>  small pocketknife  lighter and matches (waterproof)  flashlight (small with extra batteries &amp; bulb)  compass (liquid filled)  Philmont map  bandanas/handkerchiefs  money (\$10-20 in small bills)  lipbalm/chapstick (SPF25 or higher)  toothbrush  small camp towel  sunglasses  ditty bag (freezer bag) for personal items</p>
<p><b><u>Sleeping</u></b>  Sleeping bag in stuff sack lined with plastic bag  Sleep clothes worn only in sleeping bag  (T-shirt and gym shorts)  Mattress pad (Thermarest or closed cell)  Straps to attach pad or sleeping bag to pack</p>	<p><b><u>Optional</u></b>  camera and film  whistle  watch  rubber bands for packing  note pad and pencil  small amount of duct tape  mole skin/mole foam</p>
<p><b><u>Clothing</u></b></p> <ul style="list-style-type: none"> <li>• Layer A (Hiking Clothes)  Hiking boots—well broken in  Lightweight sneakers/tennis shoes  2 pair's heavy socks  3 pairs lighter inner socks (polypro)  3 pair's underwear (if at all, not cotton)  2 hiking shorts (not cotton) 2 short sleeve shirts  (not cotton, or nylon)  1 hat or cap—flexible with brim</li> <li>• Layer B (Cool Evening)  1 long sleeve shirt (wool or flannel)  1 long pants (not jeans, cotton or nylon)  1 pair insulated underwear (polypro)  1 pair insulated underwear (polypro)</li> <li>• Layer C (Cold)  1 sweater or jacket (wool or fleece) 1 stocking  cap (wool or polypro)  1 pair glove liners or mittens (wool or polypro)</li> <li>• Layer D (Cold, Wet, Windy)  1 sturdy rain suit (NOT Vinyl, easily accessible)</li> </ul>	<p><b><u>GROUP GEAR PROVIDED BY TROOP</u></b>  sewing kit with heavy thread and needle  tent pins  sunscreen  camp soap  toothpaste  polar pure  backpacking stoves  fuel bottles (and funnel if needed)  Anthony C's  ground cloth for each tent  insect repellent  Gold Bond  foot powder  parachute cord  first-aid kit</p>
<p><b><u>Eating</u></b>  Deep bowl with cover (small plastic) or  Insulated cup Bear Bag  spoon (not metal)  2 or 3 Nalgene bottles (32 ounce)</p>	